



Bulletin 1



South American Orienteering Championships Classes M/W 21 Elite



South American Junior Orienteering Championships Classes M/W 20 Elite



South American Youth Orienteering Championships Classes M/W 16 and 18 Elite



Latin Orienteering Cup Classes Senior, Junior and Cadet





INDEX

1 INVITATION.....	4
2 AUTHORITIES MESSAGES.....	4
2.1 CBO COUNCIL PRESIDENT.....	4
2.2 EVENT DIRECTOR.....	5
2.3 WANDA CITY MAYOR – AR.....	5
2.4 WANDA SECRETARY OF GOVERNMENT– AR.....	6
2.5 SECRETARY OF SPORTS AND LEISURE FOZ DO IGUAÇU - BR.....	6
2.6 MAYOR OF HERNANDARIAS – PY.....	7
2.7 MAYOR OF MEDIANEIRA – BR.....	7
3 PROGRAMME.....	8
4 IOF EA & NATIONAL CONTROLLER.....	8
5 ORGANIZATION.....	9
5.1 ORGANIZERS.....	9
5.2 SUPERVISION.....	9
5.3 EVENT DIRECTOR.....	9
6 CLASSES & WINNING TIMES.....	9
6.1. SAOC – SOUTH AMERICAN ORIENTEERING CHAMPIONSHIPS.....	9
6.2. SAJOC - SOUTH AMERICAN JUNIOR ORIENTEERING CHAMPIONSHIPS.....	9
6.3. SAYOC - SOUTH AMERICAN YOUTH ORIENTEERING CHAMPIONSHIPS.....	10
6.4 LATIN CUP.....	10
7 GENERAL MAP.....	11
8 EMBARGOED AREAS.....	11
9 ENTRIES.....	13
9.1 SAOC.....	13
9.2 Latin Countries Cup (CPL) and its objectives.....	14
10 RULES.....	14
11 AWARDS.....	15
11.1 SAOC, SAJOC and SAYOC.....	15
11.2 LATIN COUNTRIES CUP.....	15
12 ANTIDOPING.....	15
13 AUTHORIZATIONS AND INSURANCE.....	15
14 PUNCHING AND TIMING.....	15
15 EVENT CENTRE.....	16



16 ACCOMMODATION AND TRANSPORT	17
17 ACESS TO HOST COUNTRIES.....	17
17.1 BRAZIL.....	17
17.2 ARGENTINA	18
17.3 PARAGUAY	19
18 WEATHER.....	19
18.1 WEATHER	19
18. 2 TEMPERATURE	19
19 TRAINING OPPORTUNITIES	20
20 BANQUET	20
21 THE TRIPLE BORDER.....	20
21.1 FOZ DO IGUAÇU – PARANÁ - BRAZIL	20
21.2 PUERTO IGUAZU – MISIONES - ARGENTINA	22
21.3 COLONIA WANDA – MISIONES – ARGENTINA.....	22
21.4 CIUDAD DEL ESTE – ALTO PARANÁ – PARAGUAY	24
21.5 HERNANDARIAS – ALTO PARANÁ – PARAGUAY	24
21.6 MEDIANEIRA – PARANÁ – BRAZIL.....	25
22 EVENT SUPPORTERS	26





1 INVITATION

The International Orienteering Federation (IOF), the Brazilian Orienteering Confederation (CBO), the Paraná Orienteering Federation (FPO), the Cobra Orienteering Club and the GRESFI Orienteering Department / Iguazu Falls Orienteering Club are pleased to invite you to participate in the South American Orienteering Championships 2020, which will be held at the triple border - Brazil, Paraguay and Argentina, from October 29 to November 1, 2020.

Six international events will be held together: the South American Orienteering Championships (**WRE**), the South American Junior Orienteering Championships, the South American Youth Orienteering Championships and the Latin Cup. Orienteers may also enjoy two open events: the South American Master Orienteering Championships and the South American Open Orienteering Championships.



2 AUTHORITIES MESSAGES

2.1 CBO COUNCIL PRESIDENT



Dear Orienteers,

The Brazilian Orienteering Confederation is honored to invite you to the 3rd South American Orienteering Championships that will take place from October 29 to November 1, 2020, in the city of Foz do Iguacu - Paraná, with tours also in Argentina and Paraguay.

This is the first time ever this regional event will take place in Brazil after being recognized by the International Orienteering Federation as a regional event. Chile and Uruguay hosted the first two editions.

The organizing committee is working hard to make SAOC 2020 an event with unprecedented characteristics and quality that our orienteers expect and deserve.

We count on the participation of you all.

See you in Foz do Iguacu.

CBO Council



2.2 EVENT DIRECTOR



Dear Orienteers,

As the Event Director, I have the honor to invite you to participate in the South American Orienteering Championships 2020, which will be held in the cities of Ciudad del Este-PY, Colonia Wanda-AR and Foz do Iguacu-BR, from October 29 to November 1, 2020.

The border region is privileged for its tourist potential that attracts visitors from all over the world and for the first time in the South America's Orienteering history we are offering orienteers the opportunity to compete in 3 countries.

Six international events will be held jointly: the South American Orienteering Championships, the South American Junior Orienteering Championships, the South American Youth Orienteering Championships, the XXV Latin American Cup, the South American Masters Orienteering Championships and the South American Open Orienteering Championships.

Our Organizing Committee is working hard to offer a high level event that meets the international demands of the sport.

We are looking forward to seeing you in Brazil, Argentina and Paraguay.

VALDIR TASCA
Event Director

2.3 WANDA CITY MAYOR – AR



Dear orienteers,

As Mayor of the Municipality of Wanda, it is an extremely pleasant task to invite you to participate in the South American Orienteering Championships to be held in our municipality in October 2020.

Our city is in the department Iguazú, in the province of Misiones, Argentina, and the area is characterized as a plateau with red earth, basaltic rocks and large forests (planted and natural).

Me and all our government staff are working to provide you a great stay to enjoy your favorite sport.

We look forward to your distinguished presence at this important event.

Felipe R. Jeleñ
Mayor of Wanda



2.4 WANDA SECRETARY OF GOVERNMENT– AR



Dear orienteers,

As the Government Secretary of Wanda, it is an extremely pleasant task to invite you to participate in the South American Orienteering Championships to be held in our municipality in October 2020.

Our city is in the department Iguazú, in the province of Misiones, Argentina, and the area is characterized as a plateau with red earth, basaltic rocks and large forests (planted and natural).

Me and our administration are working to provide you a great stay to enjoy your favorite sport.

We look forward to your distinguished presence at this important event.

Romina Faccio
Government Secretary of Wanda

2.5 SECRETARY OF SPORTS AND LEISURE FOZ DO IGUAÇU - BR



Dear orienteers,

As Secretary of Sports and Leisure of Foz do Iguaçu, I am pleased to invite you to participate in the South American Orienteering Championships 2020.

Our city belongs to the state of Paraná and is known worldwide for its natural beauty, especially the Iguazu Falls, one of the Seven Wonders of Nature.

It is part of an urban region with more than 700,000 inhabitants, also made up of Ciudad del Este, in Paraguay, and Puerto Iguazú, in Argentina, countries with which the municipality borders.

Our Secretariat is supporting the event organizers, who are working hard to provide you with an excellent stay at the triple border so you can enjoy the pleasure of running your sport.

We count on your presence in this event.

Antônio Aparecido Sapia
Secretary of Sports and Leisure



2.6 MAYOR OF HERNANDARIAS – PY



Dear orienteers,

The mayor of Hernandarias - Paraguay, is pleased to invite you to participate in the SAOC, to be held in our municipality in October 2020.

Our city is in the Department of Alto Paraná and it is characterized by its red earth and frosted grass since the time of Mensú. Our city is among the rivers Paraná, Acaray and Iguazú, where the Itaipu hydroelectric, the largest in the world, is located.

We hope to have your presence highlighted at this important event.

Rubén Amancio Rojas
Mayor of Hernandarias

2.7 MAYOR OF MEDIANEIRA – BR



Dear athletes,

It is with great joy that the Municipality of Medianeira will host the final stage of the South American Orienteering Championships 2020.

So, I want to invite you to participate in this competition, especially the Medianeira stage that will be held on November 1st, 2020.

Our municipality is in the west of the state of Paraná, in southern Brazil. During the competition we will be in the Spring season, with a mild and pleasant climate, conducive to the practice of physical activities.

I want to welcome you all now and hope that this championship will serve for an enriching exchange of experience.



We will make all efforts to make you feel like home, to know our heritage and environmental wealth, our land and our people. It is nice that we can show the warmth and hospitality with which we welcome all those who visit us.

Ricardo Endrigo
Mayor of Medianeira





3 PROGRAMME

DATE	TIME	ACTIVITY	VENUE
October 29, 2020 (Thursday)	All day	Delegations arrival	Foz do Iguacu - Brazil
		Accreditation	
		Model Event	
		Trainings	
	20:00	Open Ceremony	Cultural Foundation
October 30, 2020 (Friday)	14:30	Officials Meeting	Ciudad del Este -Paraguay
	15:00	Sprint Course (WRE) 	
	16:30	Award ceremony	
	19:00	Latin Cup Annual Meeting and South American Working Group Meeting	
October 31, 2020 (Saturday)	10:00	Long Course (WRE) 	Colonia Wanda - Argentina
	14:00	Award Ceremony	
	20:00	Banquet	Further information Bulletin 2
November 1, 2020 (Sunday)	10:00	Middle Course (WRE) 	Foz do Iguacu - Brazil
	13:00	Award Ceremony	
	14:00	Closing Ceremony	



4 IOF EA & NATIONAL CONTROLLER



IOF Event Adviser:

Plínio Costa Nascimento

E-mail: plinio.pr@gmail.com

Telephones: +55 41 33427061 - +55 41 999125718



National Controller:

Fabio Alexander Hartmann

sgto_hartmann@hotmail.com

Telephone: +55 42 98807 2165





5 ORGANIZATION

5.1 ORGANIZERS

- Cobra Orienteering Club – Cascavel – Paraná – Brazil
- GRESFI/ Cataratas do Iguazu Orienteering Club– Foz do Iguazu – Paraná - Brazil

5.2 SUPERVISION

- Paraná Orienteering Federation
- Brazilian Orienteering Confederation

5.3 EVENT DIRECTOR

- **Valdir Tasca** – E-mail: valdirtasca@yahoo.com.br – Phone: +55 45 99929-1590



6 CLASSES & WINNING TIMES

6.1. SAOC – SOUTH AMERICAN ORIENTEERING CHAMPIONSHIPS

CLASSES	LEVEL	AGE
M21 W21	E	No restrictions

CLASS	COURSE	WINNING TIME - MINUTES
M21E	Long	90-100
W21E	Long	70-80
M/W21E	Middle	30-35
M/W21E	Sprint	12-15

6.2. SAJOC - SOUTH AMERICAN JUNIOR ORIENTEERING CHAMPIONSHIPS

CLASSES	LEVEL	AGE
M20 W20	E	No more than 20 years old on 31 December of the year of the competition.

CLASS	COURSE	WINNING TIME - MINUTES
M20E	Long	70
W20E	Long	55
M/W20E	Middle	20-25
M/W20E	Sprint	12-15



6.3. SAYOC - SOUTH AMERICAN YOUTH ORIENTEERING CHAMPIONSHIPS

CLASSES	LEVEL	AGE
M16 W16	E	No more than 16 years old on 31 December of the year of the competition.
M18 W18		No more than 18 years old on 31 December of the year of the competition.

CLASS	COURSE	WINNING TIME - MINUTES
M16/18E	Long	70
W16/18E	Long	55
M/W16/18E	Middle	20-25
M/W16/18E	Sprint	12-15

Women can compete in men's classes. All registered athletes can compete in all individual competitions.

SAOC, SAJOC, and SAYOC are open events in which entries are individual.

The SAOC Sprint, Long Distance, and Middle Distance competitions have WRE status and therefore IOF Eventor system management of W21E and M21E entries is mandatory.

6.4 LATIN CUP

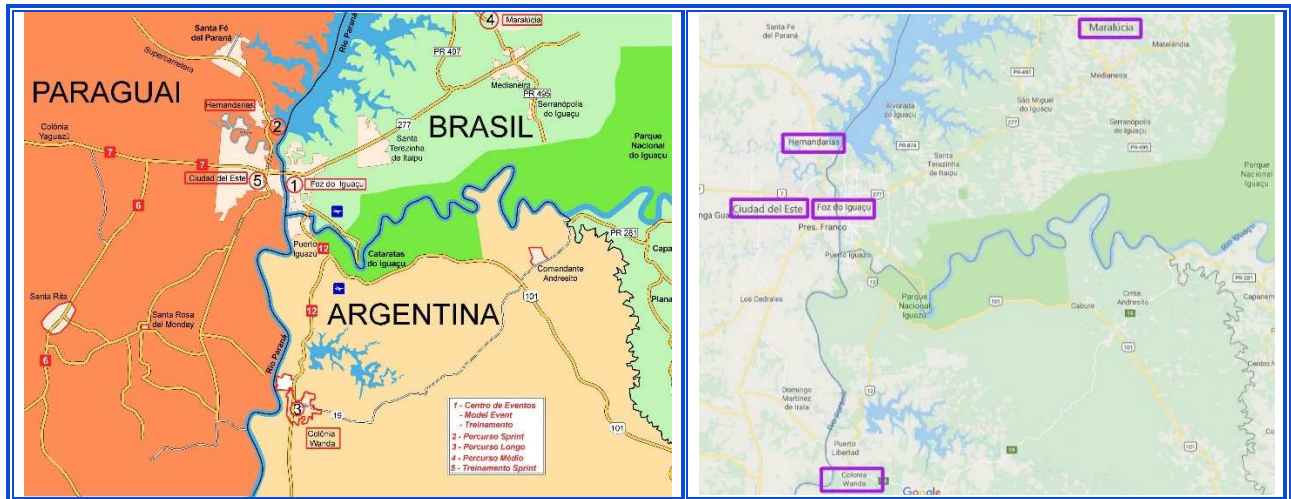
CLASSES	LEVEL	AGE
SENIOR	E	No restrictions
M		
W		
JUNIOR		No more than 20 years old on 31 December of the year of the competition.
M		
W		
CADET	No more than 18 years old on 31 December of the year of the competition.	
M		
W		



CATEGORIA		WINNING TIME - MINUTES		
		SPRINT	MIDDLE	LONG
SENIOR	M	12-15	30-35	90-100
	W		30-35	70-80
JUNIOR	M		30	70
	W		25	55
CADETE	M		30	50
	W		25	40



7 GENERAL MAP




8 EMBARGOED AREAS

The embargoed areas may not be used for training in accordance with current regulations. These are private areas with exclusive permission for the work of the event organizers. Some of the related areas may be released prior to competition for training purposes. Further information in Bulletin 2.





Hernandarias - Paraguay



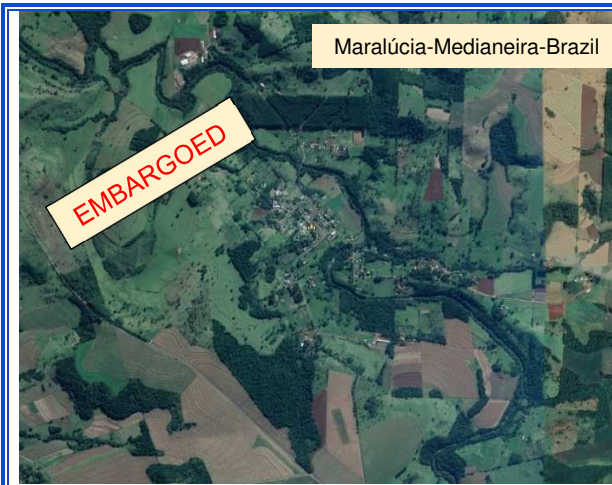
Ciudad del Este - Paraguay



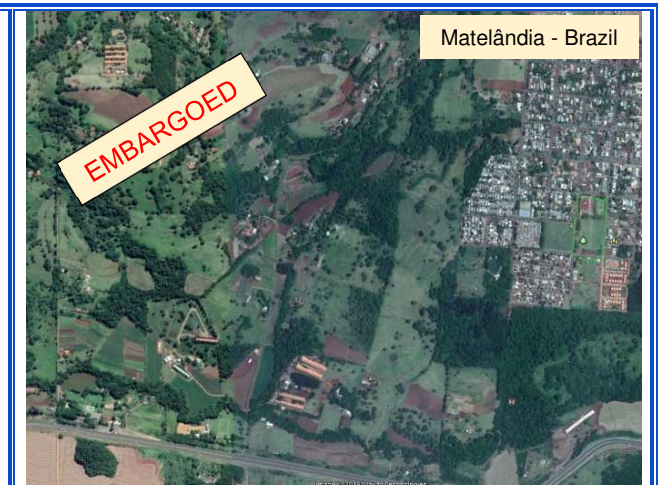
Ciudad del Este - Paraguay



Vila A - Foz do Iguacu - Brazil

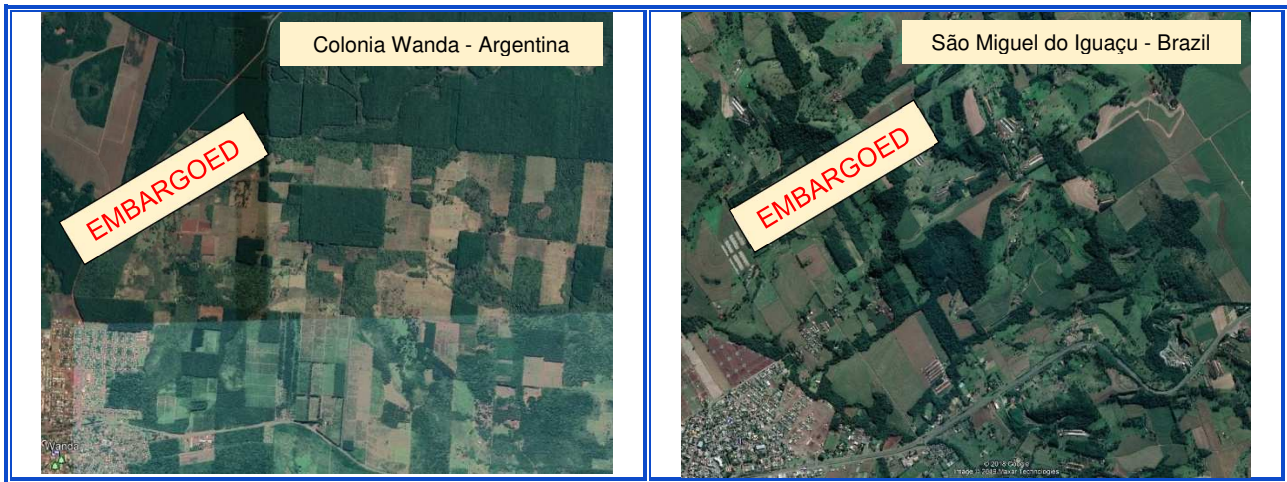


Maralucia-Medianeira-Brazil



Matelandia - Brazil





The South American Orienteering Championships competition areas are in a region called the triple border, Brazil-Paraguay-Argentina.

They have low altitude, ranging from 220 to 233m. Woods, trails and built-up areas make up the scenery where the sprint course will take place. The long distance course will be held in an extremely varied vegetation. Orchard, “mate” plantation, reforestation, open grassy areas and slow running vegetation, native vegetation and small properties with diverse crops are present in this area. Streams will generally be crossable at the time of competition. The middle distance course has a predominance of grassy areas, with many transposable fences, woods, reforestation and greater elevation variation.

The maps will be in accordance with ISOM 2017-2, at 1: 10:000 scale and 5m contour equidistance and ISSprOM, at 1: 4:000 and 2m contour equidistance.



Registration will open on June 1st, 2020.

Make your registration via an online application form, through a link that will be available on the Brazilian Orienteering Confederation website - www.cbo.org.br.

Payment of Registration Fees:

Payment of the registration fee may be made by credit or debit card. The costs and further details in Bulletin 2.

9.1 SAOC

All SAOC athletes must make two different entries:

- through the event website; and
- through the IOF Eventor website <https://eventor.orienteering.org/Events/Show/6426>



IOF Eventor registration is required for the competition to be a WRE.

Athletes NOT registered via Eventor will have their results void for SAOC, SAYOC and SAJOC.

9.2 Latin Countries Cup (CPL) and its objectives

A friendly meeting in a sports competition. The knowledge of the participating countries, the approach of the athletes, the development of orienteering in the Latin Countries and the chance of exchanging and communicating about training and learning methods of the Orienteering Career.

In this competition and according to the regulations of the Latin Cup, only Countries of Latin Origin may participate in the specified classes.

The list of participants **must be approved by the corresponding Federation** or official sports movement and sent to the organization. Countries without this condition, must request their participation in the Latin Cup. Further information in bulletin 2.

How to register for the Latin Cup

All runners selected to represent their countries in the Latin Cup will also be participating in SAOC. The organization will take care of their entries together with their National Federations. Therefore, there is no need for those runners to entry through Eventor. All courses, long, middle and sprint distances of the classes W/M 21E are valid for the IOF World Ranking

Entry/accreditation Fees:

Official teams participating in the Latin Cup (maximum of 6 runners + 2 officials) of each delegation **are exempt of payment.**

CPL (Senior, Junior and Cadet), SAOC, SAJOC and SAYOC will share courses in classes M/D21E (Senior), M/D20E (Junior) and M/D18E (Cadet).



All competitions will follow the rules established by the IOF, entitled "COMPETITION RULES FOR INTERNATIONAL ORIENTEERING FEDERATION (IOF) FOOT ORIENTEERING EVENTS". South American competitions will also follow what is required in Appendix 13. (<https://orienteering.sport/orienteering/competition-rules>).





11 AWARDS

11.1 SAOC, SAJOC and SAYOC

The top three (3) in each class will be awarded medals by the IOF.

The top six (6) in each class will receive IOF participation diplomas.

The host countries will offer participation medals.

11.2 LATIN COUNTRIES CUP

The top 3 (three) in each class will be awarded medals by the Organization.

The host countries will offer participation medals.



12 ANTIDOPING

See IOF rules regarding antidoping <http://orienteering.org/anti-doping/>



13 AUTHORIZATIONS AND INSURANCE

Participants are expected to have their own medical insurance.

All participants under the age of 18 must be allowed by their legal guardian to participate in the competition.



14 PUNCHING AND TIMING

Timing and punching using the SPORTident electronic control system. You can use the traditional or the touchless SI Cards in all control stations. Preliminary results will be available in TV screens at the arena.

The contactless SI-Air system will be set to read the cards approximately 0.4 meters from the control station. By IOF rules, it is the competitor's responsibility to ensure that his\her punching is recorded. A mechanic punch will be placed at each control point.





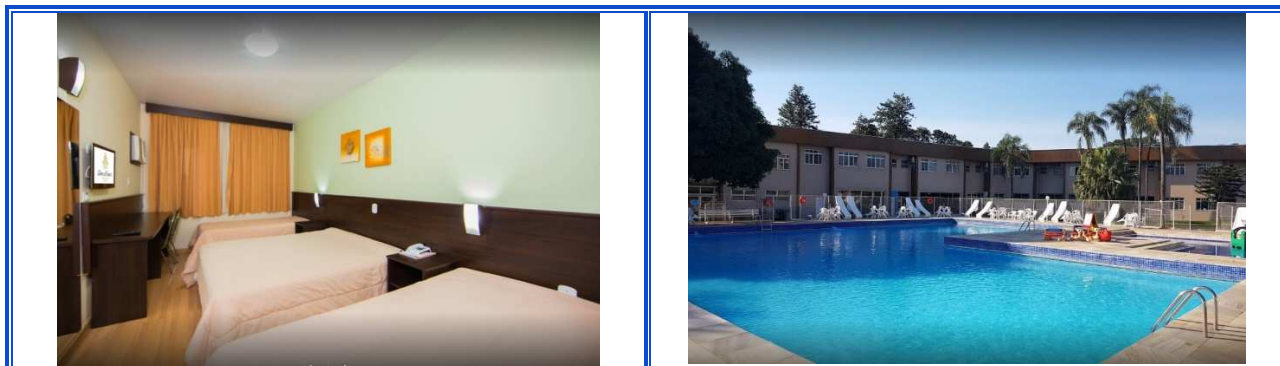
15 EVENT CENTRE

In Foz do Iguaçu, Dom Pedro I Palace Hotel will be the Event Centre. Its address: Avenida das Cataratas, Km 3 - Phone / Fax (+55 45) 3521 6628/3521 6600 - ZIP Code 85853-000 - Foz do Iguaçu - Paraná - Brazil.

The hotel offers a large leisure area with outdoor swimming pools (adult and children), heated pool, gym, sauna, tennis court, soccer field, shops, internet cafe, bar and room service.

It offers 450 beds, distributed in 187 rooms divided into 2 categories, Standard and Supreme and 2 suites, all equipped with TV, minibar, air conditioning and telephone.

Reservations will be accepted from June 1, 2020, but contacts may already be established with Valdecir Provin - dompedro@hoteldompedro.com.br



About 800m from the Event Centre you may find Hotel Monalisa, belonging to the same network, also offers great availability of beds.

250m away is a 5 star hotel: Bourbon.





16 ACCOMMODATION AND TRANSPORT

Competitors traveling by car may reach Foz do Iguacu via BR 277 highway. Those who choose to travel by air can arrive at Foz do Iguacu / Cataratas International Airport. The airport is 10 km away from the event centre. From the airport to the event centre, you may use taxis, Uber and buses.

Coming via Argentina your option is Cataratas del Iguazú International Airport. It is 26km far from the event centre. From the airport to the event centre, taxi and bus services are available.

Coming via Paraguay use Guaraní International Airport, the second most important airport in that country. It is in the city of Minga Guazú, 36km from the event centre. From the airport to the event centre you can choose between taxis or buses.

For the long course in Colonia Wanda, Argentina, and for the middle course in Maralúcia - Medianeira, Brazil, there will be transportation (paid), coordinated by the Organization. Since it is a bit bureaucratic crossing the border, it is recommended that the competitor chooses this transport. For the Sprint course in Paraguay, the transportation is up to the athletes.

Cologne Wanda is 51km from the Event Centre and Maralucia 70km.

You have a lot of options regarding accommodation in the triple border, especially near the Event Centre. There are a wide range of options available from 1 to 5 star hotels, hostel, cabins and also Airbnb.

Cantonment (hard floor) will be available for those who request it.



17 ACCESS TO HOST COUNTRIES

We recommend that the competitor seeks in his / her country of origin the requirements, mainly documentary, for admission to the host countries of the event.

17.1 BRAZIL

- Valid passport;
- For children under 18 years of age written travel authorization is required from both parents, legal guardians or competent judicial authority;
- Consular visa according to the purpose of the trip when required.

List of Countries **REQUIRING** Visa for Entry into Brazil. (updated on 9/25/2019). The complete visa requirement table is available at www.portalconsular.mre.gov.br



Afghanistan, Angola, Saudi Arabia, Algeria, Azerbaijan, Bahrain, Bangladesh, Benin, Botswana, Brunei, Burkina Faso, Burundi, Bhutan, Cape Verde, Cambodia, Cameroun, Qatar, Chad, China, Comoros, North Korea, Ivory Coast, Cuba, Djibouti, Egypt, Eritrea, Ethiopia, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Equatorial Guinea, Haiti, Yemen, Cook Islands, Mariana Islands, Marshall Islands, Solomon Islands, India, Iran Myanmar, Iraq, Jordan, Kiribati, Kuwait, Laos, Lesotho, Lebanon, Liberia, Libya, Madagascar, Malawi, Maldives, Mali, Mauritius, Mauritania, Micronesia, Mozambique, Moldova, Nauru, Nepal, Niger, Nigeria, Oman, Palau, Palestine, Papua New Guinea, Pakistan, Kenya, Kyrgyzstan, Central African Republic, Dominican Republic, Republic of Congo, Democratic Republic of the Congo, Rwanda, Western Samoa, Saint Lucia, Sao Tome and Principe, Senegal, Sierra Leone, Syria, Somalia, Sri Lanka, Swaziland, Sudan, South Sudan, Tajikistan, Tanzania, East Timor, Togo, Tonga, Turkmenistan, Tuvalu, Uganda, Uzbekistan, Vanuatu, Vietnam, Zambia, Zimbabwe.

- Vaccines: There is no requirement for vaccination proof or prophylaxis for entry into Brazil, however, the Ministry of Health recommends that international tourists update their vaccination status prior to arrival, according to the guidelines of the vaccination schedule of the country of origin or residence.

17.2 ARGENTINA

Valid documents for admission:

- Passport or;

- Identity Card or Business Travel Document from your home country, for the following countries: Brazil, Bolivia, Uruguay, Paraguay, Chile, Peru, Venezuela, Ecuador and Colombia);

- If you have a child under the age of 18 he/she must be accompanied by both parents or have a notarized authorization for international travel. Otherwise you will not be able to cross the border;

For those who want to drive through the streets of Mercosur (Argentina), it is necessary to hire a compulsory insurance called Green Card.

You should hire a brokerage service for your private car or ask the rental company if the idea is to rent one. Relatively low amounts are paid according to the number of days you will stay in the country.

List of countries **REQUIRING** visa for entry into Argentina. (updated on 9/25/2019). The complete visa requirement table is available at <http://www.migraciones.gov.ar> (Visas Board):

Afghanistan, Albania, Angola, Antigua & Barbuda, Saudi Arabia, Algeria, Azerbaijan, Bahamas, Bahrain, Bangladesh, Belize, Benin, Bosnia and Herzegovina, Botswana, Brunei, Burkina Faso, Burundi, Bhutan, Cape Verde, Cambodia, Cameroun, Chad, Comoros, North Korea, Ivory Coast, Cuba, Egypt, Eritrea, Eswatini, Ethiopia, Philippines, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Equatorial Guinea, Haiti, Mariana Islands, Marshall Islands, Solomon Islands, India, Indonesia, Iran, Iraq, Jordan, Kenya, Kiribati, Kuwait, Laos, Yemen, Lesotho, Lebanon, Liberia, Libya, Macau, Madagascar, Malawi, Maldives, Mali, Morocco, Mauritius, Mauritania, Micronesia,



Mozambique, Moldova, Myanmar , Nabibia, Nauru, Nepal, Niger, Nigeria, Oman, Palau, Palestine, Papua New Guinea, Pakistan, Kyrgyzstan, Central African Republic, Republic of Congo, Democratic Republic of the Congo, Dominican Republic, People's Republic of China, Rwanda, Samoa , Sao Tome and Principe, Senegal , Seychelles, Sierra Leone, Syria, Somalia, Sri Lanka, Sudan, South Sudan, Taiwan (Republic of China), Tajikistan, Tanzania, East Timor, Togo, Tonga, Tunes, Turkmenistan, Tuvalu, Uganda, Uzbekistan, Vanuatu, Vietnam , Zambia, Zimbabwe, Ybuti.

17.3 PARAGUAY

Children must carry an official ID. Another important point is that if he/she is accompanied by only one parent, he/she must have a notarized authorization from the other spouse. In the case of responsible people, such as grandparents and uncles, you must have the signature of both parents.

For those who want to go by car, it is necessary to contract a mandatory insurance called Green Card.

You should hire a brokerage service for your private car or ask the rental company if the idea is to rent one. Relatively low amounts are paid according to the amount of days you will stay in the country.

List of countries that DO NOT require a visa to enter Paraguay:

South Africa, Germany, Argentina, Austria, Belgium, Bolivia, Brazil, Bulgaria, Chile, China (Taiwan), Cyprus, Colombia, Korea, Costa Rica, Croatia, Cuba, Denmark, Egypt, El Salvador, Ecuador, Slovenia, Spain , Estonia, Philippines, Finland, France, Greece, Guatemala, Honduras, Hungary, India, Indonesia, Ireland, Iceland, Israel, Italy, Japan, Jordan, Latvia, Lebanon, Liechtenstein, Lithuanian, Luxembourg, Malta, Morocco, Mexico, Nicaragua , Norway, Netherlands, Panama, Peru, Poland, Portugal, Prince of Andorra, Dominican Republic, United Kingdom, Slovak Republic, Czech Republic, Romania, Russia, Switzerland, Sweden, Turkey, Ukraine, Uruguay, Venezuela and Vietnam.

- Vaccines: From May 2019, Paraguay began to require the International Certificate of Vaccination against yellow fever from Brazilian travelers. It may also be required for citizens of other countries residing for more than 6 months in Brazil.

Other athletes should obtain information in their home country.



18 WEATHER

18.1 WEATHER

The climate is subtropical humid.

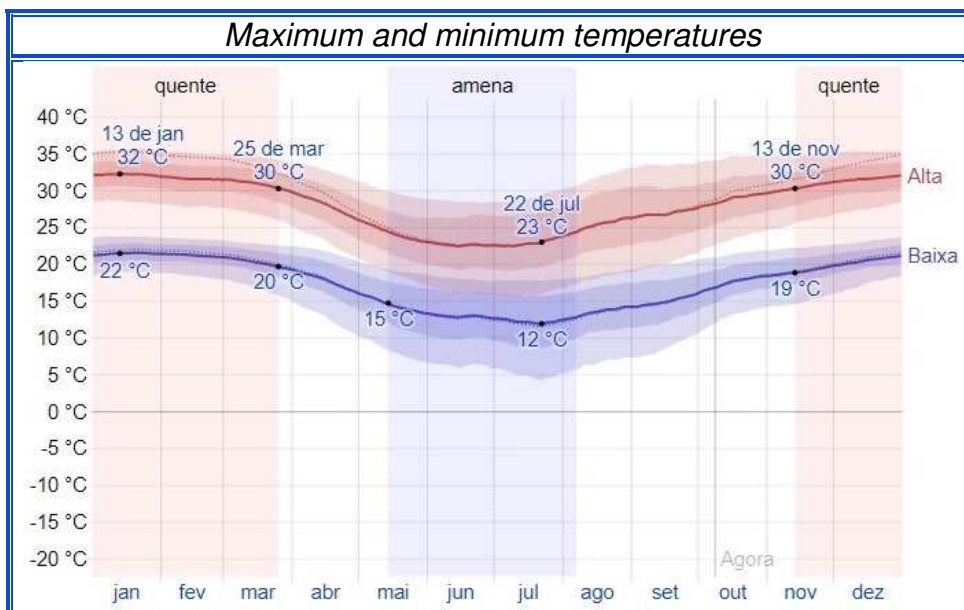
At the triple frontier, competition area, summer is long, hot and muggy; Winter is short and mild. Throughout the year, precipitation occurs.

18.2 TEMPERATURE



The warm season remains for 4 months, from November 13 to March 25, with daily average maximum temperatures above 30 ° C. The warmest day of the year is January 13, with an average maximum temperature of 32 ° C and an average minimum of 22 ° C.

The cool season stays for 2.8 months from May 14th to August 7th, with average daily maximum temperatures below 24 ° C. The coldest day of the year is July 22, with an average of 12 ° C for the minimum temperature and 23 ° C for the maximum.



Average maximum (red line) and minimum (blue line) temperature.
(Source: Weather Spark 2019)



19 TRAINING OPPORTUNITIES

Areas will be available for training and reported in Bulletin 2.



20 BANQUET

Bulletin 2 will bring in the values and venue of the get-together dinner scheduled for October 31, 2020.



21 THE TRIPLE BORDER

The choice of the Triple Border, Argentina, Brazil and Paraguay, for the SAOC 2020, aims, in addition to the Orienteering event, to provide the opportunity for competitors and visitors to know a region rich in tourist attractions.

21.1 FOZ DO IGUAÇU – PARANÁ - BRAZIL



This city has about 270 thousand inhabitants and it is considered one of the most multicultural municipalities of Brazil, where there are more than 70 ethnic groups from different parts of the world, and among the main are Italians, Germans, Hispanics (Argentinians and Paraguayans). , Chinese, Ukrainian and Japanese. Foz do Iguaçu has the second largest Lebanese community in Brazil. In proportional terms, it has the largest Islamic community in Brazil.

Integrated with the trinational region, Foz do Iguaçu borders the Argentinian city of Puerto Iguazú and the Paraguayan city of Ciudad del Este.

The base of the economy is in tourism, with emphasis on trade and services. According to research conducted by the Brazilian Tourism Institute (EMBRATUR) and the Institute for Economic Research Foundation (FIPE), from 2004 to 2011 Foz do Iguaçu was considered in the "Leisure" segment the 2nd most visited destination by foreign tourists, behind only Rio de Janeiro.

The tourist activity in Foz do Iguaçu is made up of several segments. Its two icons, the Iguazu Falls, elected in 2011 as one of the New 7 Wonders of Nature, and the Itaipu Hydroelectric, considered the largest in the world in energy production, are enough to delight any visitor. But in addition to these attractions, other options make up the tourism offer. Some of them: Bird Park, Three Borders Landmark, Bela Vista Biological Refuge, Dreamland Tourist Complex (Wax Museum, Wonders of the World, Valley of Dinosaurs and Dreams ICE Bar), Mosque and Buddhist Temple.



Iguaçu Falls

Itaipu Binational

Bird Park



Three Borders Landmark

Triple Border

Biological Refuge



Dreamland Tourist Complex

Mosque

Budist Temple





Katamaram II with dinner at sunset

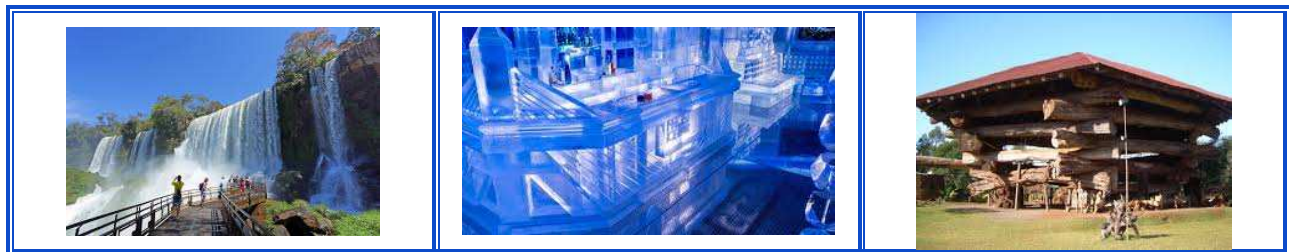
21.2 PUERTO IGUAZU – MISIONES - ARGENTINA

Puerto Iguazu is located 17 km from Iguazu Falls and is part of the Triple Border urban area. It is rich in natural beauty.

Its main economic activity is tourism, followed by commerce. The city has many international hotels, located on the banks of the Iguazu River. It also has one, two, three, four and five star hotels, as well as hostels, campsites and cabins.

Among its tourist attractions, we can highlight the Iguazu Falls, the Iguazu Ice Bar, the La Aripuca Complex, the Feirinha (artisan fair), the Guira Oga Bird Rehabilitation Centre and the International Casino.

Also noteworthy is the Duty Free Shop, near the International Bridge, where banks, currency exchange bureaus, bars, casinos, restaurants, shops and patisseries are found.



Iguazu Falls

Ice bar Iguazu

La Aripuca



Feirinha

CR para Aves Guira Oga

Cassino

21.3 COLONIA WANDA – MISIONES – ARGENTINA



The city of Wanda (pronounced vanda) is a city located in the department Iguazú, province of Misiones (Argentina), located on the banks of the Paraná River, 50 kilometers from Puerto Iguazú.

The county is called Colonia Wanda and was founded on August 15, 1936, however, the city is usually called just "Wanda" and has just over 20,000 inhabitants.

Characterized by the extraction of precious and ornamental stones, it is the second chosen tourist destination within the province. In its municipality we find 2 wooden churches (one in RN12 and one in the Governor Lanusse colony), erected simultaneously by the pioneers. It also have a large number of "Colonies" (fertile land) with various cultures (yerba mate, pine, corn ...) and cattle (cattle and pigs).

Friendly people, who rightly distinguished it as the "capital of cordiality" of Polish origin.



Mines in Wanda



Semi precious stones



Chestochowa Church



Wanda Shield



21.4 CIUDAD DEL ESTE – ALTO PARANÁ – PARAGUAY

Connected to Brazil through the International Friendship Bridge on the Paraná River. It is the largest city in the urban complex called "Triple Border", which borders Foz do Iguacu, Brazil and Puerto Iguazú, Argentina, making up a large urban conglomerate of nearly one million inhabitants. It is the second most important city of Paraguay, in view of its population and economic development, behind only the capital, Asunción. The city has a significant population of Lebanese and Taiwanese immigrants.

Ciudad del Este is characterized by being a commercial and lately an industrial city, mainly known for being one of the largest free trade zones in the world. It is the leading city for shopping tourism - most important in the country and the region. Every day, many tourists from around the world, especially Brazilians and Argentines, cross the Friendship Bridge on the border to shop in Ciudad del Este.



Ciudad del Este

Friendship Bridge

21.5 HERNANDARIAS – ALTO PARANÁ – PARAGUAY

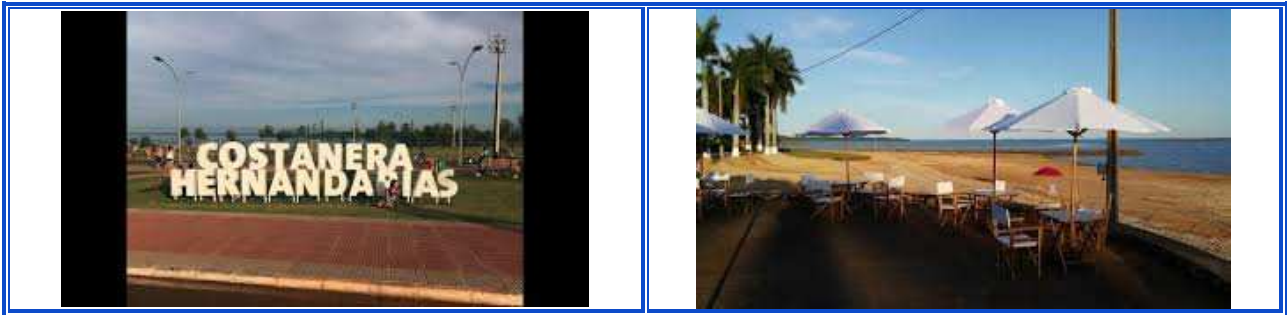
Hernandarias is a municipality and city in Paraguay located in the centre of the department of Alto Paraná. It is 8 km from the centre of the departmental capital of Ciudad del Este and 335 km from the country's capital, Asunción. Founded in 1896, it is the oldest city in Alto Paraná.

It is known as "Latin American Capital of Electricity" or "Capital of Continental Energy" for having in its territory two large hydroelectric dams: Acaray and Itaipu.

Hernandarias, formerly called "Tacurú Pucú" (Termitero Largo), now bears this name in honor of Hernando Arias de Saavedra, the first Creole governor of the Giant Province of the Indies during the colonial era.

The city of Hernandarias is surrounded by the Paraná and Acaray rivers and has almost 80,000 inhabitants.





Beach



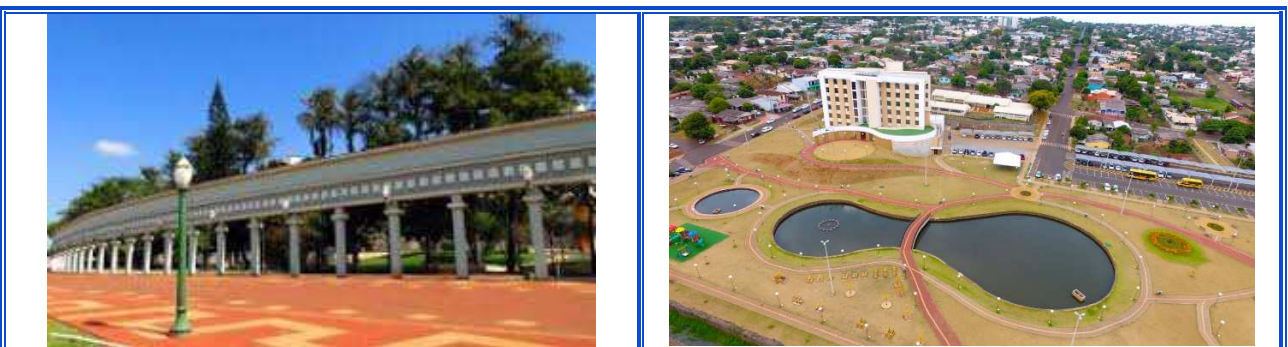
Itaipu Binational

Paraná and Acaray Rivers

21.6 MEDIANEIRA – PARANÁ – BRAZIL

Medianeira is a Brazilian municipality in the western state of Paraná. Its population, estimates of 2018, is 45 812 inhabitants.

The etymological origin of the name of the municipality is religious. The name is a tribute to Our Lady Medianeira, patron saint of the municipality. According to the etymologist Aquilino Ribeiro, the etymology of the term "Medianeira" can have the meaning of ally, protector or even intercedes (intervenes) in favor of someone.



Ângelo Darolt Square

Downtown





Falls



Wet bridge



22 EVENT SUPPORTERS

- Secretary of Sports and Leisure of Foz do Iguaçu
- Cologne City Hall Wanda
- Hernandarias City Hall
- Medianeira City Hall
- Itaipu Binational - Right Bank (Paraguay)
- Foz do Iguaçu Cultural Foundation
- Sports and Social Club of Foz do Iguaçu (GRESFI)
- Alpha Adventure - Maralucia
- Community of Maralucia.

VALDIR TASCA
Event Director

PLINIO COSTA NASCIMENTO
IOF Event Adviser

